



International Seminar Mutokukan Italia Kranjska Gora (Slovenia) 9-11 march 2018



Seminar address and accomodation: Hotel SPIK

ul. Jezerci 21 4282-Gozd Martuljek Slovenija

Hotel Spik is located in the village of Gozd Martuljek, served as a post office, a shop, a restaurant and a small church 4 km from the nearest slopes. (46 ° 29'06.6 "N 13 ° 50'06.8" E) (46.485173, 13.835217)

HOTEL

The beauty of the surrounding nature reflects in the character of the hotel, its shape and comprehensive offer which is based on the exceptional beauty of the Alpine world. Hotel Špik impresses with its consideration of sustainable co-existing with the alpine environment, natural beauty and tradition. The connection with local environment, relaxation, exercise and dynamics of the outstanding architectural design contribute thoroughly to the quality of life long after your visit.



Hotel Špik has its own special character. Authentic and carefully selected materials bring warmth and kindness to the rooms, while the wide open views of the Julian summits and the Karavanke forests have a soothing and relaxing effect on our customers.

SERVICES

Free shuttle to Kranjska Gora (every 60 minutes) guaranteed all year, free entry to the Aqua Larix center (Larix hotel), Finnish sauna and turkish bath, solarium, table tennis, 3 tennis courts, RESTAURANTS: restaurant offers various specialties. The breathtaking Mountain where the views from the a la carte restaurant is in itself a source of great pleasure, but so are the specialties of authentic cuisine Slovenian, flavored with a touch that tastes of the Mediterranean. Guests may also use their services cocktail bar, the terrace of the hotel and the night bar. WELLNESS: The Pleasures of the World Water Spik covers an area of 250 m2 and provides you with a pool to relax, where you can have a massage from the waterfall or on the benches tub, while the most active swimmers will experience the effect of the counter-current swimming for swimming and children can have fun in the pool with games. Guests can enjoy a little 'rest outside on the terrace. Sauna World is a paradise of relaxation. Includes Finnish sauna, herbal sauna and turkish bath, where several programs are held daily. Cool off in the ice cave or in the refreshing pool, enjoy a massage in the spa pool and relax on the comfortable chairs. Hotel Spik has a special character that sets it apart. The autochthonous materials bring warmth and hospitality, the view in the nature instead has a calming and relaxing. The seminar will be held at the hotel on a tatami 100 sqm.

Schedule

FRIDAY

18.00 – 19.30: **Aikido**

SATURDAY

08.00 – 09.00: **AikiTaiso**
09.00 – 10.30: **RsR IaiJutzu**
10.40 – 12.40 **Aikido**
15.00 – 16.30: **RsR IaiJutzu**
16.40 – 19.20: **Aikido**

SUNDAY

08.00 – 09.00: **AikiTaiso**
09.00 – 10.30: **RsR IaiJutzu**
10.40 – 12.40: **Aikido**

SEMINAR FEES:

Aikido:

- Whole Aikido Seminar	€ 70	- Sat Afternoon	€ 30
- Friday Afternoon	€ 25	- Sat Whoole	€ 40
- Sat Morning	€ 25	- Sunday Morning	€ 30
		<u>AikiTaiso</u>	€ 45
		<u>RsR IaiJutzu</u>	€ 45